



# **achieva rehabilitation**

Let's Work Together  
To Help Your Residents  
Age In Place Happily!

# **Trust Us!**

[www.achievarehab.com](http://www.achievarehab.com)

# A DEADLY EPIDEMIC

Over the past twenty years, fall-related injuries and deaths among older Americans have increased at an alarming rate – a reality that has caused enormous human suffering in the United States.



FALL STATISTICS, ACCORDING TO THE CDC

## NUMBER 1

Cause of injury-related deaths among persons aged  $\geq 65$  years

## 30 MILLION

Elderly Americans fall every year

## 1 OUT OF EVERY 5

Falls results in a serious injury

## 2.8 MILLION

ER visits caused by fall-related injuries each year

## 300,000

Hip fractures result from falls each year

## 27,000

Seniors die every year from accidental falls



## A PROVEN, COST EFFECTIVE SOLUTION

To address this epidemic, the U.S. healthcare system has an invaluable tool at its disposal: **physical therapy**.

According to the National Institute on Aging, patient-specific exercise regimens, utilized in combination with regular physical activity, are evidence-based solutions that can significantly reduce the likelihood of an accidental fall – **saving thousands of lives and billions of dollars**.

[APTQI.COM](http://APTQI.COM)

**APTQI**   
ALLIANCE FOR PHYSICAL THERAPY  
QUALITY AND INNOVATION



# let's work together

I'm sure the images to your left have been seen often given the demographics of the residents in your building. Falls, injuries, hospitalizations and the long-lasting ramifications of those events certainly don't make it easy for you to keep residents in the building.

That's why we are happy you are taking a few minutes to learn more about our locally developed In-Home Physical Therapy Program.

We believe that when building administrators like you partner with us, it drastically reduces the number of falls in the building and keeps the residents more functionally mobile. A person's functional mobility is directly and strongly correlated with their overall health.

And a resident who is healthier, stronger, and better balanced will spend more time aging in place in your building and will generally be happier and that's always very nice to see.



# TRUST

Seeing your residents as happy and active people, and not only as a consumer for your business is probably very important to you. We hope that we can develop a partnership that increases the likelihood that the residents thrive rather than slowly lose functional mobility.

**Nothing we say about our services matters until you are able to TRUST that what we say holds water.**

**That's why we let our past patients help us build TRUST.**

**Trust us!** Our patients have provided us with more positive testimonials and feedback than any physical therapy group in the area because they experience significant functional mobility improvements and that makes them **exceedingly happy**. And we think you should care deeply about what our patients say because **they are the same in every way as the residents in your building.**

**You can read their words and see their faces here:**

**[www.achieva rehab.com/reviews-results](http://www.achieva rehab.com/reviews-results)**



# TRUST

Our Website Has Dozens of Stellar Patient Testimonials...



Home Online PT Services About Us Learn Stuff! **Take Control of Your Health!** Yourself! More



**achieva rehabilitation**

1-888-929-7677

Phone & Fax

Your Outcome after Physical Therapy Is **All That Matters to Us**  
These **5 Star Google Reviews** Should Give You More Confidence That  
**Our In-Home Physical Therapy Is Your Best Choice**



Five-Star Results!

Achieva Rehab  
In-Home  
Physical  
Therapy

"Maybe our Coolest Testimonial...Great Result for Charlie!"



Five-Star Results!

Achieva Rehab  
In-Home  
Physical  
Therapy

So Happy for This Great Lady!! Thank you, Betty!!



Five-Star Results!

Achieva Rehab  
In-Home  
Physical  
Therapy

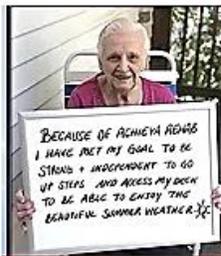
"So Proud of Our Team and EVA!! Look At That Testimonial!!!!"



Five-Star Results!

Achieva Rehab  
In-Home  
Physical  
Therapy

"3 Cheers for Esther and The Team! Great Job!"



Five-Star Results!

Achieva Rehab  
In-Home  
Physical  
Therapy

A Summertime Success! Thank You to Emily!!!



Five-Star Results!

Achieva Rehab  
In-Home  
Physical  
Therapy

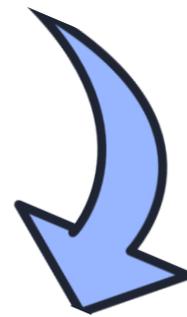
Here's To A Future Filled With Birdies for Paul!!

# TRUST

Five-Star Reviews? We've Got Plenty of Those!!

Achieva Rehabilitation

5.0 ★★★★★ 35 reviews ?



 Write a review



**Susan Koomar**

3 reviews · 1 photo

★★★★★ 5 months ago

Excellent physical therapy for my mom, age 90. Helped her regain strength, mobility, endurance and confidence following a hospital stay for pneumonia. The Achieva therapists were so compassionate, friendly professional and helpful. They helped mom achieve much more than we thought possible - not only to get around the house safely and do steps but expand her mobility outdoors. Mom, who is almost 91 now, asked for a new leaf blower for Mother's Day so she can keep our deck clean! Thank you Achieva Rehabilitation!



**Response from the owner** 5 months ago

Susan, this is so amazing to hear. As the owner of the company, stories like this...your mom asking for a new leaf blower....that's just over the top and I'm so proud of all my therapists...they are awesome. Thank you for taking the time to provide this review!!! Be well!!!

 Edit

# WHAT NEXT

Simply put, we want to impact the seniors in your community by helping them remain active and mobile for as long as possible. We'd love to discuss what has worked for us in the past and more importantly, listen to your thoughts as well. This could be just being a resource when a resident needs therapy or a more involved relationship...however we can help!

Let's talk further!



 **achieva**  
**rehabilitation**

## "We Help Older Adults Who Are Struggling To Stay Independent Regain Balance, Strength, and Mobility So That They Can Enjoy A Safe and Active Life at Home and in the Community"

Deep down inside every senior, there is the heart and soul of an active, independent person. Their fortune of living into their "Golden Years" has left them with the misfortune of developing some "rust" on that gold.

We believe that you can get **better at any age**. We believe that struggling to take care of yourself is never a "natural" part of aging. We believe that people who are considered "old" by society's standards are rarely given a chance to remain active and mobile because they are deemed fragile.

**Achieva Rehab's In-Home Physical Therapy Program** was developed by **Joel Digris**, Physical Therapist, to prove one thing - **folks in their "Golden Years" can thrive no matter what they've been through**. The therapists with Achieva Rehab are pushing seniors to meet their top-end potential every day, helping them ease the worry of losing independence and mobility.

My mother's always said: **"Better days ahead."** No matter what your age or problem, **there are better days ahead with Achieva Rehab**. You can find our amazing therapists in homes in **Schuylkill, Luzerne & Carbon Counties**.

**Phone and Fax: 1-888-929-7677**

**[www.achievarerehab.com](http://www.achievarerehab.com)**

**[info@achievarerehab.com](mailto:info@achievarerehab.com)**

